

GOLDEN AGE GAZETTE

Presented by the Fairbanks North Star Borough Parks & Recreation Department

MAY AND JUNE

WELCOME TO THE SENIOR PROGRAM

Here is the May/June Newsletter! Join us for healthy activities and socialization.

Senior Program
Joy Community Center
24 Margaret Ave.

Email: marya.lewanski@fnsb.gov



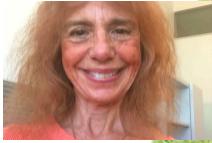
Phone: 907-459-1136

Website: parks.fnsb.gov

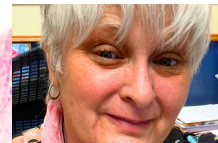


Sign up for our monthly Parks & Rec e-Newsletter packed with events and programs. Issues come out on the 1st of the month. Sign up online at parks.fnsb.gov or call 459-1070.

Senior Citizens Advisory Commission



Denise Daniello, Chair
(219) 381-8421



Darlene Supplee
(907) 452-1735



Marleyne Hunter
(208) 599-0579



Karen Wood
(907) 474-2121



Carol Anthony, Vice-Chair
(907) 378-2769
(907) 458-5545



Barbara Tarkiainen
(907) 978-6543

**Could
This
Be You?**

3 Vacant Seats
Apply today fnsb.gov

Contact any member of the Commission if you have ideas or concerns that bear upon the welfare of senior citizens and are within the powers of the Fairbanks North Star Borough. The meetings are quarterly. The 2nd Thursday in January, April, July and October. Meeting takes place in the JHAC Assembly Chambers at Noon.

More information [fnsb.gov/ Senior-Citizens-Advisory-Commission](http://fnsb.gov/Senior-Citizens-Advisory-Commission)

Local Senior Centers

The Fairbanks Senior Center

1424 Moore St.
(907) 452-1735
Office Hours
8:00am - 4:30pm

Santa's Senior Center

101 E. 5th Ave.
(907) 488-4663
Office Hours
11:00am - 3:00pm

Salcha Senior Center

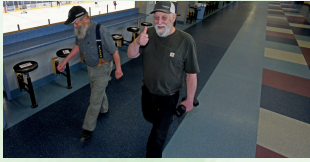
6073 Salcha Pioneer Court
(907) 488-1606
Office Hours
N/A

Transportation

VanTran provides FREE transportation to any Parks and Recreation Senior Program. Call us or ask for an VanTran application at one of our programs. Call VanTran 459-1010 #2 to schedule a ride.

FNSB Senior Program Walking and Exercise

May/June 2024



WALKING CLUB

Tuesdays & Thursdays 9:30AM-10:30AM Big Dipper Ice Arena Free
*June 15th - July 22nd will be at Joy Community Center. Dipper will be closed for Maintenance *



NORTH POLE EXERCISE

Mondays & Fridays 11:15AM-11:45AM Santa's Senior Center Free



FAIRBANKS EXERCISE

Tuesdays & Thursdays 11:15AM-11:45AM Joy Community Center Free



WALKING WITH A DOC

Thursdays 7:00PM-8:00PM Big Dipper Ice Arena Free
June 15th - July 22nd Lathrop High School Track



AQUACISE

Monday, Wednesday, Friday 1:00PM-1:45PM Mary Siah Recreation Center \$5.00
June 3rd - June 28th Aquacise will be at Hamme Pool

North Pole Exercise
Santa Senior Center

Fairbanks Exercise
Joy Community Center



**Come Join One of Our
Exercise Classes!!**

FNSB Senior Program Food Outings

May/June 2024



LUNCH @ GERALDOS

Tuesday,
May 7th
June 18th

12:15PM-1:45PM

701 College Rd.

Approx.
\$20.00



LUNCH @ HARI OM INDIAN CUISINE

Thursday,
May
30th

12:15PM-1:45PM

1528 S. Cushman

Approx.
\$25.00



LUNCH @ PAGODA

Wednesday,
June
26th

11:30AM-1:00PM

431 N. Santa Claus
Ln.

Approx.
\$20.00

These outings are for people to enjoy a meal together. Get together with old friends or meet some new people.

Price listed is an approximate for each restaurant. Price you will pay is based on what you order.

FNSB Senior Program Activities

May/June 2024



GRANDPARENTS AND GRANDKIDS CRAFTS

Thursday,
May 23rd
June 27th

4:00PM - 5:30PM

Joy Community
Center

\$5.00

May Crafts 5/23



June Crafts 6/27



POTLUCK SOCIAL

Friday, May 17th 2:00PM-4:00PM

Mary Siah
Recreation Center

Friday, June 21st 2:00PM-4:00PM

Joy Community
Center

Bring a
Dish to
Share

TABLE TENNIS

Wednesdays 3:00PM-4:30PM

Joy Community
Center

\$5.00

No Table Tennis May 8th

