

MAY 2024 ADAPTIVE PROGRAMS

NOTE: THERE WILL BE NO ZOOM FOR THE SUMMER!



Sun Mon Tue Wed Thu Fri Sat

You must Pre-register for ALL programs at least 48 hours in advance!

			1 1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	2 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	3 2:30pm—4:00pm Bingo @ JCC	4
5	6 3:00pm—4:30pm Bowling @ Arctic Bowl	7 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	8 NO PROGRAMS Senior Recognition	9 NO PROGRAMS	10 1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Open Gym @ JCC	11
12	13 3:00pm—4:30pm Bowling @ Arctic Bowl	14 2:30pm - 3:30pm Wheelchair Basketball@ JCC 3:30pm-4:30pm WII @ JCC	15 1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	16 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	17 1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Open Gym @ JCC	18 Special "O" Dance 7pm - 9pm @ Elks Lodge
19	20 3:00pm—4:30pm Bowling @ Arctic Bowl	21 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm Wii Games @ JCC	22 1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	23 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	24 NO PROGRAMS	25
26	27 NO PROGRAMS 	28 2:30pm - 3:30pm Open Gym @ JCC 3:30pm-4:30pm WII @ JCC	29 1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	30 1:00pm-2:15pm Swimming@ MSRC 2:30pm-3:30pm Art @ MSRC	31 1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Open Gym @ JCC	

Recreation Program Manager : Michelle Leonard
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 Website: parks.fnsb.gov

MSRC = Mary Siah* *JCC = Joy Community Center

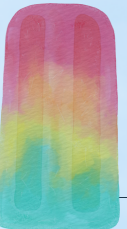
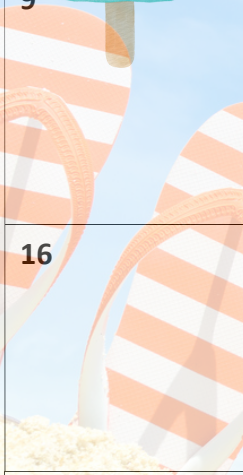
JUNE 2024 ADAPTIVE PROGRAMS

NOTE: THERE WILL BE NO ZOOM FOR THE SUMMER!

Sun Mon Tue Wed Thu Fri Sat

YOU MUST PRE-REGISTER FOR ALL PROGRAMS AT LEAST 48 HOURS IN ADVANCE!

SUMMER

2	3	4	5	6	7	8
	3:00pm—4:30pm Bowling @ Arctic Bowl 	2:30pm-4:30pm Bocce @ Pioneer Park Moose Pavillion	1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	1:00pm-2:15pm Swimming@ Hamme Pool 2:30pm-3:30pm Art @ Hamme Pool 	1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Outdoor Fun @ JCC	
	3:00pm—4:30pm Bowling @ Arctic Bowl	2:30pm-4:30pm Bocce @ Pioneer Park Moose Pavillion	1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	1:00pm-2:15pm Swimming@ Hamme Pool 2:30pm-3:30pm Art @ Hamme Pool 	1:30pm—4:00pm Tanana Lakes Camp Day @ Tanana Lakes Pavilion 	
	3:00pm—4:30pm Bowling @ Arctic Bowl	2:30pm-4:30pm Bocce @ Pioneer Park Moose Pavillion	1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	1:00pm-2:15pm Swimming@ Hamme Pool 2:30pm-3:30pm Art @ Hamme Pool	1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Outdoor Fun @ JCC	
	3:00pm—4:30pm Bowling @ Arctic Bowl	2:30pm-4:30pm Bocce @ Pioneer Park Moose Pavillion	1:30pm-2:00pm Exercise @ JCC 2:30pm - 3:30pm Walking @ JCC 3:30pm- 4:30pm Gardening @JCC	1:00pm-2:15pm Swimming@ Hamme Pool 2:30pm-3:30pm Art @ Hamme Pool	1:30pm-2:00pm Exercise @ JCC 2:30pm—4:00pm Outdoor Fun @ JCC	