

FNSB SENIOR PROGRAM

JUNE 2024



To Sign up for Programs:
 Call Marya at (907)459-1136
 or email: marya.lewanski@fnsb.gov
PARKS.FNSB.GOV

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>To Sign up for Programs: Call Marya at (907)459-1136 or email: marya.lewanski@fnsb.gov PARKS.FNSB.GOV</p>					1
2 Mary Siah Recreation Center Closed for Maintenance June 3rd - June 28th Re-Opens July 1st	3 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	4 9:30am-10:30am Walking @ Dipper 11:15am-11:45am Exercise @ JCC	5 1:00pm-1:45pm Aquacise* @ Hamme 3:00pm-4:30pm Table Tennis @ JCC	6 9:30am-10:30am Walking @ Dipper 11:15am-11:45am Exercise @ JCC 7:00pm-8:00pm Walk w/ a Doc @ Dipper	7 11:15am-11:45am Exercise @ SSC 1:00pm-1:45pm Aquacise* @ Hamme	8
9	10 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	11 9:30am-10:30am Walking @ Dipper 11:15am-11:45am Exercise @ JCC	12 1:00pm-1:45pm Aquacise* @ Hamme 3:00pm-4:30pm Table Tennis @ JCC	13 9:30am-10:30am Walking @ Dipper 11:15am-11:45am Exercise @ JCC 7:00pm-8:00pm Walk w/ a Doc @ Dipper	14 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	15 Big Dipper Ice Arena Closed for Maintenance June 15th- July 22nd
16 Father's Day	17 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	18 9:30am-10:30am Walking @ JCC 11:15am-11:45am Exercise @ JCC 12:15pm-1:45pm Lunch* @ Geraldo's	19 1:00pm-1:45pm Aquacise* @ Hamme 3:00pm-4:30pm Table Tennis @ JCC	20 9:30am-10:30am Walking @ JCC 11:15am-11:45am Exercise @ JCC 7:00pm-8:00pm Walk w/ a Doc @ Dipper	21 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme 2:00pm-4:00pm Potluck Social @ JCC	22
23	24 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	25 9:30am-10:30am Walking @ JCC 11:15am-11:45am Exercise @ JCC	26 11:30am-1:00pm Lunch* @ Pagoda 1:00pm-1:45pm Aquacise* @ Hamme 3:00pm-4:30pm Table Tennis @ JCC	27 9:30am-10:30am Walking @ JCC 11:15am-11:45am Exercise @ JCC 4pm-5:30pm Grandparents & Grandkids Crafts* @ JCC 7:00pm-8:00pm Walk w/ a Doc @ Dipper	28 11:15am-11:45am Exercise@ SSC 1:00pm-1:45pm Aquacise* @ Hamme	29 FAIRBANKS SENIOR CENTER GRAND OPENING 11:00AM - 2PM
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SSC=Santa Senior Center (101 E. Fifth Ave.), Dipper= Big Dipper Ice Arena (1920 Lathrop St.), MSRC=Mary Siah Recreation Center (803 14th Ave.), JCC= Joy Community Center (24 Margaret Ave.)

*Activity requires a small fee